

Response. Structure. Seeds. The Psych Approach.

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Response is likely mutable. Within this, what is the person's perception or idea of reality? How is that enacted? How mutable is response? Is there tractable material to work with? This should be probed, and an inquiry developed. This would involve the psych team, the individual, and those he or she touches – and this very world-space.

Response is part of this very world. The electron is aware of its surroundings, and presents certain functions, states, and responses. The person is aware of his or her surroundings, and presents certain functions, states, and responses. This unfolds in a continual and infinitesimal way, and these insights can be reflected on, studied, and made real, or lead to new insights and descriptions. This world is a dynamic place, "all functions" as Dogen put it.

If the person wants to step to a place of a different response, then perhaps a structure and framework approach can be introduced. One might find that dealing with a structure and framework can put one quickly in a new place, where certain aspects or new material can be apprehended meaningfully, and with enhanced stability and awareness, perhaps with new questions.

Or, a seed can be introduced. One might find that by planting certain types of seeds, various outcomes are noticed; and this unfolding world – and the source (the seed and the ground and the context) – can be newly apprehended, leading to resonant insight.

Perhaps for some it would be structure and a seed.

Perhaps the individual can explain or perceive anew *response*, as a topic with real life dimension, and more deeply probe it. A certain engaged distance, or real-working-with, or participant detachment, then again fully participant, just this life, can be of benefit.

One final note: in a particular situation, is it that 1 of 10 responses is problematic (say in the domains of life the mental, the existential, the social, the societal, the experiential, the physical) and 5 of 10 are routine and 4 of 10 are particularly expressively beneficial? This type of description should be part of the awareness of those involved in a psych unit situation, and part of the record, if it comes to that. In such a situation, as would be usual, the grades of dilemma (crisis dilemma, significant dilemma, part dilemma, no dilemma, and no-dilemma) would be noted for each of the domains of life, and this also. In such a situation, perhaps meaningful, tractable ways could be found, depending on the degree of the problematic, toward a path to resolution, with or without meds, and using 'all of the above'. Or is it that 6 of 10 responses is problematic, 4 of 10 routine? In which of the domains of life? For whom?

In the psych system, response is actually a descriptor with significant potential. And Nagarjuna says, "In an act, consciousness and action are one." and "it is very clear that behavior is a kind of action, and

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it is clear that action is behavior.” Thus, response and its likely mutable nature, consciousness, behavior, action, and context should all be taken into account – and the situation and domain approached as if the individual is an actual, type of representation, projection, function, and person to be worked with and represented reasonably well, in many dimensions. This would, in my view, highlight better paths to treatment where apropos; deeper modes of treatment; allow explanation and, based on merit, part or full justification where it exists; and provide (finally) equable approaches as the rule, and more just outcomes, from the psychiatrist to the psych unit to the theory/praxis – and involving the individual as participant.

So this also is to me psych unit potential.

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