

Individualized Treatment Plan (ITP) Interval Form

Organization:

Consumer:

Date:

How To Use This Form: The treatment team collaborates with you, to fill in the blank spaces below, in response to the topics listed. Then, you can use this ITP to reflect and make steps during the next several weeks, until your next meeting. This is meant to be useful and tangible for both you and the treatment team. Your treatment team also uses this document for the benefit of all involved, from society to your peers to you.

Aspects To This ITP

1.1. The reasons for your hospitalization at this place

1.2. The things to reinforce:

1.3. The things to change, and changes you should work toward, prior to your discharge

1.4. how you should do this

2.1. what you've accomplished; your current status

2.2. what you should work toward for the next step

2.3. how you should do this

(turn to the next page for more)

Additional Aspects

3. Multiple facets and their integration can be suggested by you and the treatment team. This may include in terms of the mental, the existential, the social, the societal, the experiential, and the physical. It incorporates a 'whole-being, whole-situation, whole-society' approach. It may mention the past, present, and future.