

# ‘Default-Participant’

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Aha! I have a new idea for how one could orient in approaching things in daily life: ‘the default-participant’.

Even if one is in silent contemplation, one is in ‘default-participant’.

Engaged in conversation, one is in ‘default-participant’.

Making one truth-statement, one is in ‘default-participant’.

Doing one act, one is in ‘default-participant’.

If one can scrutinize the premise to any of the ‘bases for action’, one can then refine and practice one’s own view. This is very tactile, and tangible; it also involves a certain simplicity to mind/mind-form-being-world-space.

What is that silent contemplation, that conversation, that one truth-statement, that one act? The ‘default-participant’!

## Endnote

There’s a sense of this to the Zen experience. And to the Zen path of awakening.

Some might be fairly oriented, to start out, but engaged with ‘thinking mind’. Even so, ‘mountains are mountains, and rivers are rivers’. Then, one might pick up Zen, and find that orientation is lost, or that ‘mountains are not mountains, rivers are not rivers’. After a while, with insight, realization, or satori, one might find a renewed and deeper sense to orientation, and that again ‘mountains are mountains, and rivers are rivers’. But the entire world is more deeply penetrated, and one is just-so this world, and the world is just-so one, and just this entire all function (see Dogen’s essay “All Function”).

‘Default-Participant’

Page 1 of 1