

‘All Of The Above’

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When I refer to ‘all of the above’ I’m referring to the following, in considering an individual, those he or she touches, and the situation, in a psych unit scenario; and note that many of these things apply as routine descriptors of everyday life, just one way to view things. And it’s all meant to point to the infinite dimension of life – that each of us is a part of and can bring to the table.

I’ll start by listing various real, tactile, actual categories, that apply. The various states: mental states, emotive states, intentional states, and physical states. The domains of life: the mental, the existential, the social, the societal, the experiential, and the physical. The resilience factors: joy, centeredness, dilemma or no dilemma, questions, perspectives, challenges, and helpfult and usefult. The basic descriptors: thought space, energy states, perception, speech and action, patterns of speech and action, and context. The grades of dilemma: crisis dilemma, significant dilemma, part dilemma, no dilemma, and no-dilemma; and the mutual co-arising, interdependent, and interconnected nature to these things. There is the noumenal and the phenomenal. There is Nagarjuna’s statement that when we see the fusion of the abstract and the concrete we see the real world, before us.

Then there is the following, that applies: philosophy and philosophical expression; spirituality and religion and their applied basis; practical and proven psychology; speculation on how we think and why, and act; the everyday, the everyday experiential, and everyday reasoning; narrative; open dialogues and the dialogic; mediation; the relational, including thought-relational, social-relational, and unfolding world-space; diagrams and description by, for, and with the individual; excellent classes with discussion; one on one; fundamental resources; pointers to state, agency, organizational, and private resources; and, in the psych unit setting, the selective use of meds.

Then also there is: standpoint (of all those involved or not directly involved); the participant (including that of the individual); merit; reason – reason ‘on the table’; discussion and dialogues; factoring-in; the situation, as described from various standpoints; the situation at hand; context; and world-space and unfolding world-spaces, encountering each other.

This results in deeper insight and just outcomes. This should apply in the psych unit, and psychiatrists and psych teams should be trained in such. It has to happen at the psych unit psychiatrist’s level – as well as the psych team. It would mean dimension, vocabulary, logic, reason, realism, description, the participant, and explanation – and would be either a delight or a comparative opportunity to unfold, for each of those involved. There will remain difficult situations, and there will appear not so difficult situations, perhaps each more further resolvable, as a different approach is taken up.

‘All Of The Above’

Page 1 of 2

This would be what I term 'mvo-p', for 'mental view and orientation p [philosophy, perspective, perception, projection, person...]' . Mvo-p would be multi-disciplinary.

Comment: A Basic Approach To The Domains Of Life

For the psych professional, including the psych unit psychiatrist: First consider the various states. Then consider the domains of life in descriptive, interconnected form. For each of the domains of life, consider the grades of dilemma (and recall these may be no dilemma, for a domain of life, or at all). For each of the domains of life, consider the resilience factors. Then, consider the basic factors. From there develop an even more complete picture; during this entire process you'll have started to develop a truly representational picture of the individual.

This would be a fundamental shift from current psych unit idea and praxis.

Related Papers

“‘Mvo-P’”

References

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“The Society Of Mind” by Marvin Minsky.

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“The Gateless Barrier: Zen Comments On The Mumonkan” by Shibayama.

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‘All Of The Above’

Page 2 of 2